



The Connection

Coral Springs Charter Chapter
Coral Springs, FL
A League of the American Business Women's Association

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From Your President...

It's hard to believe that we are nearing the end of 2020 (and aren't we all glad about that!). We have already accomplished so much including several successful virtual chapter meetings, a few exciting virtual happy hours and cooking lessons (Thank you Chef Nadia!), and found out just how much trivia we know, or don't know! We have also continued our Community Service projects, including donating to the S.O.S. Children's Village in Coral Springs. Our membership is growing even though we will have to wait a while before we can welcome our new members in person.



The most exciting news to come out after all our pivots and course corrections is that we achieved Level 1 in Best Practices! It was a goal we had at the beginning of the 2019-2020 Chapter year and everyone worked hard to make sure we succeeded. Many thanks to each and every one who helped keep the momentum going, even while the rest of the country came to a roaring stop. A special thank you to Deb Roman who coordinated and painstakingly added all the necessary documentation to the Best Practices book (after many messages reminding us of what was missing!). We will be well represented at the annual Women's Leadership Conference, which will be virtual for the first time in ABWA history as we "pick up" our Best Practices award.

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Changing Women's Lives
One Woman at a Time

Mission Statement of the American Business Women's Association

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

November Meeting—11/05/2020

American Business Women's Association
CORAL SPRINGS CHARTER CHAPTER

THURSDAY NOV
5

ZOOM MEETING
STARTS AT:
6:30pm



Monthly MEETING

with keynote speaker:
Julie D. Burch
Julie D. Burch Speaks

REAL WORLD PRODUCTIVITY *Secrets* EVEN WHEN WORKING REMOTE

In today's business environment we are being asked to do more than ever before You have clients, deadlines, bosses, employees, marketing, projects, and of course family and they are all demanding your time and attention and pulling on you from every direction! **And now we are doing all remotely!**

However, if you have ever felt that you spend your day **putting out fires** that were started by other people!? You take on more than you reasonably have time for because you don't want to say no or let anyone down? Have you ever **written a daily to do list**, worked like a dog all day only to realize you didn't get to complete even one thing on your list? Have you ever felt like you **spend your day in deadline driven**, oris is mode? And justify it by saying **you work better under pressure?**

If you can relate to any of these then don't miss this event! Time management is a crucial business skill successful people must master. Julie will share a few specific high power, easy to implement tips that are guaranteed to work and help you become more effective, efficient, and productive. **Don't miss this chance to go from super stressed to superhero!**

You'll learn:

- Understand the 4 **destructive time management styles** -- And make sure you aren't one of them!
- Learn to handle crisis like a pro-And that is BOTH kinds of crisis!
- Learn to overcome the Mental Roadblocks to productivity - like **Procrastination** and the **get it all done syndrome** once and for all!
- Learn what it means to be **clear in your priorities** - and Follow through!

Event Registration

Zoom Meeting Fee:

\$10 members & guests

RSVP on Eventbrite:

www.coral-springs-fl-abwa.eventbrite.com/

Changing
Women's Lives
One Woman at a Time

CORAL SPRING CHARTER CHAPTER



The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.

For more information about our Chapter, contact Rhonda Sternberg at 877-216-9908 ext. 732 or visit our website at www.abwa-coral Springs.org

Community Service Happenings!

Contributed by Melissa Mauer



Our partnership with SOS Children's Village has been up and running and we are happy to announce that we have donated over 35 items with a dollar total of approximately \$300 so far. We have worked with them to compile an Amazon Wish-list that our members can go to and purchase items of need that will be shipped directly to the Village. The items range from personal care, food pantry, gift cards for lunches, and cleaning supplies. There is also a monetary range so please give as much as possible to help the children! If you haven't had a chance to or are able to continue to donate visit https://www.amazon.com/hz/wishlist/ls/2CEOOVS07CHSS?ref=wl_share. SOS asks that each member leave their name in the gift receipt option for their records.

SOS Children's Village has its Steps for SOS Virtual 5K Run/Walk event coming up. Last year the women at ABWA made such an impact on their event's success. The event is going to be virtual on Saturday, November 7th at 8 am. Of course, with the virtual feature, our participants can partake in the event at any time! For more information on the virtual 5K visit, <https://www.stepsforsos.org>.



Our own **Randee Abramson** has created a team to participate in Making Strides Against Breast Cancer. The Making Strides of Broward Walk Presented by Seminole Hard Rock Hotel and Casino Hollywood is on October 24, 2020.

To join Randee's team reach out to her at randeea@aol.com.

Virtual Happy Hours—August 13th & September 22nd

Contributed by Andrea Levenson

For as many years as I can recall, ABWA stood for “Always Bring Wine, Always!” 😊 Why, you couldn’t have raffle prizes to hand out if there wasn’t at least one bottle of wine to win! Well, we all know that 2020 has been a year of changes and adjustments. So, it should come as no surprise that during our Happy Hours in August and September, our Bartending Hosts chose to teach us a few mixed drinks (with no bottles of wine in sight!)

Diane Diamantis started us off with a Mojito in August and then, in September, Nadia Folic taught us how to make both the Red and Blue Footed Booby Cocktails (I kid you not!). Stirrers were stirring, shakers were shaking and faces were turning a cute shade of pink as the tasting began...

My guess is that these stronger drinks were chosen to try and distract everyone else from winning the trivia contests. Not sure if it worked... Gayle won our Food Trivia Contest and Ellen Engel won the Travel Trivia Contest. I’m sure they are investing their \$10 Amazon gift cards in some cute goblets for the next Bartending demo! The recipes are attached so you can keep practicing.

Thanks to Diane, Nadia and our mystery Trivia Host (Alan Levenson) for helping make the event fun! Please let me know if you would like to host a Happy Hour event in the future!



Salud!



The Real Mojito



This is an authentic recipe for mojito. I sized the recipe for one serving, but you can adjust it accordingly and make a pitcher full. It's a very refreshing drink for hot summer days. Be careful when drinking it, however. If you make a pitcher you might be tempted to drink the whole thing yourself, and you just might find yourself talking Spanish in no time! Tonic water can be substituted instead of the soda water but the taste is different and somewhat bitter.

By Brandy

Prep: 10 mins
Total: 10 mins
Servings: 1
Yield: 1 cocktail



Ingredients

- 10 leaf (blank)s Mint Leaves-Raw
- ½ Limes, raw
- 2 tablespoons Sugars, granulated
- 1 cup ice
- 1 ½ fluid ounces Alcoholic beverage, distilled, rum, 80 proof
- ½ cup Carbonated water; club soda

Directions

Step 1

Place mint leaves and 1 lime wedge into a sturdy glass. Use a muddler to crush the mint and lime to release the mint oils and lime juice. Add 2 more lime wedges and the sugar, and muddle again to release the lime juice. Do not strain the mixture. Fill the glass almost to the top with ice. Pour the rum over the ice, and fill the glass with carbonated water. Stir, taste, and add more sugar if desired. Garnish with the remaining lime wedge.

Nutrition Facts

Per Serving:

203.3 calories; 0.2 g protein; 28.6 g carbohydrates; 0 mg cholesterol; 11.4 mg sodium.

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 nted from <https://www.allrecipes.com> 08/04/2020



Celebrity Xpedition's Blue-Footed Booby Cocktail

Ingredients

- 2 oz Cana Manabita, Cachaca or a good-quality rum
- 4 oz pineapple juice
- 0.5 oz Blue Curacao
- 1 oz cream

Instructions

1. Combine all ingredients in a blender.
2. Pour into a cuvee glass, a wide-bowled white wine glass or Champagne flute.



Red Footed Booby Martini

- 2-oz. vodka Finlandia perhaps)
- 1/4-oz. cointreau
- 2-oz. pineapple juice (pref. fresh)
- 1-2 tsp grenadine
- optional: cherry, for garnish

In a shaker filled with ice, combine vodka, Cointreau and pineapple juice. Shake well, then strain into a chilled martini glass. Carefully pour in grenadine so that it pools at the bottom of the glass making a red "foot." Skewer cherry with a toothpick and set on the rim of the glass to serve.



SAIL BEYOND BORDERS

by Nadia Folic of Expedia Cruises

Congratulations! You are a SUPER STAR!!



**August's Super Star
Tatum Mesorio**



**September Chapter Zoom
meeting**

President's Message

Continued from Page 1

We still have many activities coming up including our Virtual Thanksgiving dinner, where you can share your best (or worst) Thanksgiving stories! We will be sharing more information about our Holiday and post holiday events very soon. In the meantime, enjoy the crisp fall weather (well at least we've had a few days below 90!).

Gayle Bramson
Chapter President –2019—2021

New Member Profiles



Melissa Mauer

For years, our chapter has heard about Melissa Jaclyn Mauer through updates from her mom, Lori: talented actress, dancer and singer, budding director. From a young age, she has immersed herself in the Dramatic Arts and it is clearly a passion of hers – for life.

Melissa is now a member of our chapter and the story she writes is her own. While she will always be involved in the Arts, Melissa has recognized that there are other things that are important to her and has set out to experience them for herself

She recently began her first professional position as the Donor Database Administrator for Goodman Jewish Family Services. In her free time, Melissa is learning German, has planted her first vegetable garden and en-

joys learning about different cultures around the world. She is an avid reader and loves a good romance novel (and agrees that when there is a picture of a “hunk” on the cover, it makes the read even better).

While Melissa is still uncertain about what she wishes to accomplish with her ABWA membership, she has already taken the initiative to be an active chapter member. Not surprising, since she describes herself as passionate, loyal and driven! In her first month, Melissa has volunteered to serve as Community Service Chair and is facilitating a Zoom Meditation Program. (You go, girl!)

Please join me in welcoming Melissa to our chapter.

Article contributed by Andrea Levenson



Sonali Ravindrakumar

Sonali is currently working for MK Tech as a Sales Manager, and although she is grateful for the position, it is only part-time and she is anxious to be full time. She has an MBA in Sales and Marketing, and has worked for several banks as a Financial Officer. But Sonali is aiming for more challenges, possibly in the IT arena. She is currently working towards certification as a Project Management Professional (PMP) and is looking for opportunities as a Business Analyst. Speak up if you have any leads for Sonali.

When not working and looking after her active boys (one in high school, the other 10 years old), she loves cooking (with plant-based whole foods) and painting with water colors. She also loves to dance and is not afraid of public speaking. In fact, she is active in TWO Toastmasters

groups, and is on the executive board of both! In addition to all of these activities, she also enjoys meditation to feed her spirituality.

Sonali officially joined ABWA in July, and is looking to grow personally and to build lifetime relationships. In due time, she wants to contribute in small ways and eventually move into leadership roles within the chapter.

I encourage everyone to take some time to get to know Sonali. You will find an outgoing people-person who exudes confidence, is a problem solver, and is trustworthy and conscientious. We are very fortunate to have Sonali as a member of Coral Springs ABWA!

Article contributed by Kathy Gallagher

Mark Your Calendars Now!

A “Spook-tacular” Happy Hour (via ZOOM)

Thursday, October 29th, 7:30pm



- Halloween-themed challenges!
- Mystery Bartender!
- Trivia!



Look for more details SOON!

Rise & Shine to Virtual Challenges!

Tri-County Council’s 4th Quarter Event

Saturday, November 14th

9:00—12:00 (via ZOOM)

Cost: \$10 (CS members are reimbursed!)

- Educational seminars
- Vendors
- Prizes
- Networking & FUN!

SAVE THE DATE!

Best Practices—Level 1 for 2019-2020! Woo hoo!!

We will be receiving our LEVEL 1 Best Practices award at the upcoming VIRTUAL National Women’s Leadership Conference on October 14-17. Here’s a few of our previous NWLC attendees at the BP Awards Ceremonies!



Thanksgiving Dinner –November 19!

ABWA CORAL SPRINGS CHARTER CHAPTER PRESENTS

Virtual

THANKS GIVING

Dinner

19TH NOV 2020

Featuring 50 Ways to Cook a Turkey and
other Thanksgiving family secrets!

BYO DINNER

FREE • 7pm - 9pm • ABWA MEMBERS ONLY

CLICK HERE TO REGISTER

Fall Membership Campaign

We know that ABWA is an important part of your life, and perhaps now more than ever. Starting on September 1 through November 30, we want to show you our appreciation with these fabulous incentives. Recruit early to receive one or all three of these Vera Bradley products *while supplies last*.

THANK YOU for ...



LEVEL ONE

ENROLL ONE NEW MEMBER



When you recruit one new member, we will send you this beautifully patterned Face Mask. Made from 100% cotton, this non-medical face mask is soft, breathable and comfortable to wear. Two layers of fabric with a slip opening to insert a disposable filter (*sold separately*). One size fits most adults.

4 WAYS TO THE PERFECT FIT FOR YOUR MASK

- 1- WASH BEFORE WEARING
Sometimes that's all you need for a great fit!
- 2- USE A BOBBY PIN
behind the ear strap to secure your mask
- 3- TIE A KNOT
in the strap to create a loop and adjust as needed
- 4- ADD A BEAD
to make your ear straps adjustable



LEVEL TWO

ENROLL TWO NEW MEMBERS



Meet the wallet that does more than protect your credit cards from slipping out, it protects your info from theft. When you recruit two new members, we will send you a microfiber, RFID Turnlock Wallet featuring turnlock and zip closures, two ID windows and plenty of inside slip pockets for all your must-haves.

Color: raspberry radiance

LEVEL THREE

ENROLL THREE OR MORE NEW MEMBERS



When you recruit three new members, we will send you a microfiber crossbody Triple Hipster bag. The ultimate in hands-free organization, it has three separate zippered compartments, and is perfect for work, weekends and everything in between!

Color: raspberry radiance

Dimensions: 11.75" w x 11.75" h x 1.25" d with 56.0" adjustable strap

WWW.ABWA.ORG 1-800-228-0007



2020-2021 Chapter Officers



Connie Kalish, Vice President
cjkalish@aol.com



Gayle Bramson, President
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Susan Miller, Secretary
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Kathy Gallagher, Treasurer
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Lois Margolin, Past President
Loismargolin.abwa@gmail.com

2020-2021 Committee Chairs

Auditing Committee TBD

Best Practices TBD

Community Service Melissa Mauer

Education Diane Diamantis

Fundraising Andrea Levenson

Hospitality Susan Miller

Membership Stephanie Seberg, Rhonda Sternberg

Newsletter Kathy Gallagher

Professional Development Lori Mauer

Publicity Barbara Gobbi

Recognition Stephanie Seberg

Technology Deb Roman

Tri-County Council Andrea Levenson, Sherrie Gottesman

Woman of the Year Rhonda Sternberg

2019-2021 National Board of Directors



National Officers from left to right

TRINA NKHAZI, National Vice President

SHARON GODBEE, National President

ANNE O'NEILL, National Secretary-Treasurer



District Vice Presidents from left to right

District I Vice President, **MARY STEPHENSON**

District II Vice President, **JUDY TAYLOR**

District III Vice President, **KATHY SCHOOLEY**

District IV Vice President, **MARY MAUPAI**

District V Vice President, **CHERYL BLAIR**

District VI Vice President, **KERRIE UNDERHILL**

ABWA's Proud Code of Conduct

- All members will serve as goodwill ambassadors for the American Business Women's Association.
- Members will not allow their personal beliefs and convictions to interfere with the representation of ABWA's mission.
- Members will always treat their member colleagues, guests, vendors and sponsors with honesty, respect, fairness, integrity, responsibility, kindness, and in good faith.
- Members will maintain compliance with ABWA National, Chapter and Express Network Bylaws.
- Members will not use their personal power to advance their personal interests.

ABWA's Core Values

1. Giving Members a Voice
2. Treat People with Dignity (Proud Code of Conduct)
3. Lifelong Learning
4. Focus on Creating Value for Members
5. Achievement
6. Visionary Leadership
7. Focus on the Future
8. Focus on Results
9. Manage by Fact
10. Manage for Innovation

Gayle Bramson
Chapter President

Kathy Gallagher, Editor

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AMERICAN BUSINESS WOMEN'S ASSOCIATION

Coral Springs Charter Chapter

JOIN US (now via ZOOM!)

Meetings are on the 1st Thursday of the month at Seminole Coconut Creek Casino, Butterfly Room 5550 NW 40th Street, Coconut Creek, FL

Visit us online at

www.abwa-coral springs.org

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<http://tinyurl.com/ABWA-CS-FBpage>

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