

• Proud Code of Conduct 18

ABWA's Mission Statement

The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition. Nov 2022 | Vol. 34, Issue 1

The Connection

Published by Coral Springs Charter Chapter Coral Springs, FL

From your President...



Wow, time sure does fly! It seems like just yesterday we started our new ABWA year, and here we are...4 months in!

Our chapter celebrated an amazing ABW Day weekend with our ABWA sisters from all over the country! It was a fantastic weekend of learning, sharing, bonding, and friendships. What a great way to kick off the new year!

We've found a new home at Woodmont Country Club, and although there were a few hiccups initially, the response to the new venue has been great. This new location is so centrally located and we hope to attract more women who live a little further south. What do you think of Woodmont? Let me know!

In September, Kathy Gallagher, Karen Dees, and I traveled to Denver, Colorado for the ABWA National Women's Leadership Conference. This was my first time attending national and what a week it was! We elected a new board of directors, new district vice presidents, watched the crowning of the American Business Woman of the year, attended MBA level classes, and heard from great speakers. But most importantly, we picked up our award for Best Practices Level II! Congratulations to Connie Kalish and her team for earning this award! Look for more trip recap later in this newsletter.

Our chapter held a great Fall Membership Campaign at Gayle Bramson's home and we welcomed four new members; Nicole Miller, Dani Einsohn, Candy Coleman, and Suzy Kaytes.

...Continued on Page 9

Tri-County 4th Quarter Event—11/19/22

Register NOW! Click here to RSVP on Regfox: <u>Register here!</u> Cost is \$25 (includes breakfast) and chapter reimburses for members in good standing. Want to carpool? Contact Gayle or Kathy.



REGISTER + PAY https://abwatricounty.regfox.com/2022-tri-county-4th-qtr-event







November's Super Star Gayle Bramson



October's Super Star Tricia Click



September's Super Star Adrienne Worthy





August's Super Star Iris Arlan



Chapter Photos



November new member installation: (I to r) President Barbara Gobbi, new members Dani Einsohn and Nicole Miller, and Membership Co-chair Sherrie Gottesman



October meeting attendees with speaker Cindy Brief and Past National President Dr. Sonja Ogletree Satani (Zoom attendee Lori Mauer not shown)



August board installation: (I to r) Treasurer A'Kera Brown, Recording Secretary Gayle Bramson, Corresponding Secretary Deb Roman, Vice President Rhonda Hay, President Barbara Gobbi, and "Chocolate Installer" Lois Margolin



September Financial Panelists: Lois Margolin, Rhonda Sternberg, Tricia Click, Maria Garcia, Randee Abramson, with President Barbara Gobbi

Thank You Note from our Southwest FL Sisters

I really appreciate all of our ABWA sisters (from Coral Springs, Tri-County Council, and a few from outside FL) who contributed to our Hurricane Ian Relief Fund. I was able to purchase \$1400 worth of gift cards and sent them to our ABWA sisters in the Fort Myers area. The letter below shows their deep gratitude—THIS is what our ABWA sisterhood can do!

Kathy



Dear ABWA Family,

Thank you so much for the outpour of concern, love, and generosity you have given to your ABWA family in Southwest Florida. Hurricane Ian was a devastating hurricane that affected many of your ABWA Sisters lives dramatically. Several lost everything and many are home homeless living with family, friends or in hotels. Your generosity will help them to rebuild their lives as we slowly rebuild our community and homes.

We are so proud to be in an organization of amazing caring women and men who have their sisters backs when there is a crisis or when we need a helping hand or prayer. Thank you so much for the shower of gift cards and your support, love, and prayers. It means so much to us all. You all are amazing!

Love & ABWA Hugs,

The Southwest Florida Council

Imperial River Chapter

Punta Gorda Chapter

Palms of Edisonia Chapter

Tri-County Council's ABW Day Celebration Recap





Tri-County Council Woman of the Year— Gayle Bramson



Tri-County's Lifetime Achievement Award Recipient—Pat Miller

Our ABW Day definitely lived up to expectations. "Reunited for a Brighter tomorrow" showed us how much we have needed to see our ABWA sisters in person. We were together in friendship, together in learning, together in networking, and together for the future of ABWA. The entire weekend celebrated all that ABWA stands for: providing opportunities for us to help ourselves, and grow personally and professionally. We learned from the best of the best, celebrated, and recommitted to the future of our Chapters, Council and National.

We learned how "Today's Dreams are Tomorrow's Future" from Cheryl Blair. We also learned how to pivot when our National VP Mary Stephenson was unable to join us for her presentation. Cheryl Blair stepped up as all of our sisters do. She took over and with Lois Margolin's help, we found out "Who Holds the Key" personally, professionally, and within our chapters.

We welcomed National and District officers and candidates. We heard from the DVP candidates and wished them all luck at National Leadership Conference in September.





National Board members in attendance: Kerrie Underhill, Rachelle Jamerson Holmes, Trina Nkhazi, Cheryl Blair and Gail Frahm



Our Tri-County Council worked together to provide an outstanding experience for new and returning members and guests. Thank you to all of the committee members who made the entire weekend a success.

Nov 2022 | Vol. 34, Issue 1

More ABW Day FUN!



ABW Day Co-Chairs Gayle Bramson & Kathy Gallagher

Mark Your Calendars for These Events!

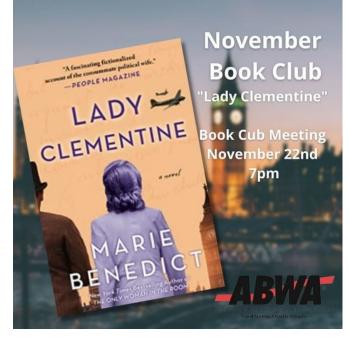


Road Rally—Weekend of **Feb. 25-26** (will be either on Saturday or Sunday stay tuned!)

Fashion Show —Sunday, April 30, 2023 (Location will be announced soon!)



Book Club–Next Gathering 11/22/22!



Our Book Club is going into our second year, and we have been reading some great books. Going forward, we are meeting virtually on zoom the 4th Tuesday of every other month. We have already chosen our next three books, and the next one, Lady Clementine, is amazing. It is all about Winston Churchill's wife, and if you do not know her story, join us. Contact Lori Mauer at <u>lorimauer.abwa@gmail.com</u> for more information.

Here are our next three books and the dates we will be discussing them:

Nov 22: Lady Clementine: Marie Benedict Jan 24: You Are A Badass: Jen Sincero Mar 21: The Keeper of Lost Things: Ruth Hogan

Free APEX Courses—Register by end of each month!

ABWA'S NEWEST PROFESSIONAL DEVELOPMENT RESOURCES

Don't miss these ABWA benefits!

APEX COURSES

Offered Complimentary November-December 2022

GEMBA WALK WORKSHOP November 1st - 30th, 2022

*This course is a next step to our previous course Gemba Walk Essentials.

The best way to truly understand processes and identify potential areas of improvement is to observe the action up close. During the 22 modules, we join author, speaker and consultant Michael Bremer for an onsite gemba walk workshop at Freetech Plastics in Fremont, California. Watch and listen as Michael explains the ideal questions, behaviors and overall strategies that go into a respectful, effective gemba walk.

DAY IN THE LIFE OF A LEAN SUPERVISOR December 1st - December 31st, 2022

Go further into the topic of lean daily accountability with these supplementary videos. Through the 21 modules, see these processes in action and hear from lean leaders on how their own implementations have been handled.





Promote Your Business as a Meeting Sponsor!

November Meeting Sponsor: Lori Mauer, Tupperware Consultant

Lori Mauer is a freelance writer, editor, and Tupperware consultant. This month, she brought "Not Your Mother's Tupperware" for you to see, touch, and buy some of the exciting new and beloved "old" products Tupperware has to offer. You can find Lori on Facebook at <u>https://</u>

www.facebook.com/lorimauertupperware/. Her website can be found at: <u>https://</u> <u>my.tupperware.com/lorimauer/</u>





Would you like to promote your business at a chapter meeting?

SPONSORSHIP COST: \$75 per meeting *

Next available date is January 4, 2023

*Includes: Dinner for one company representative, five minutes of presentation time, sponsor listing in program, sponsor announcement included in e-mail to members, opportunity to distribute printed materials or samples at meeting, opportunity to have an exhibit space during networking session prior to meeting, and one free ad in the next edition of The Connection, the chapter e-newsletter.

To arrange meeting sponsorship, contact Treasurer A'Kera Brown at (877) 216-9908 ext. 733 or email akerabrown@gmail.com.

President's Letter (cont'd from Page 1)

But we're not done yet! We have some fun events coming up, so mark your calendars!

December 5th - Holiday Party at Sette Mezzo February - Road Rally April - Fashion Show

And don't forget about our bi-monthly book club!

As you can see, so much has happened in this short time. Thank you to all the members who stepped up and stepped in to help move our chapter "Together Toward Tomorrow!"

With warmest regards,

Barbara Gobbi 2022—2023 Chapter President



THE AMERICAN BUSINESS WOMEN'S ASSOCIATION

Holiday Party- 12/5/22!



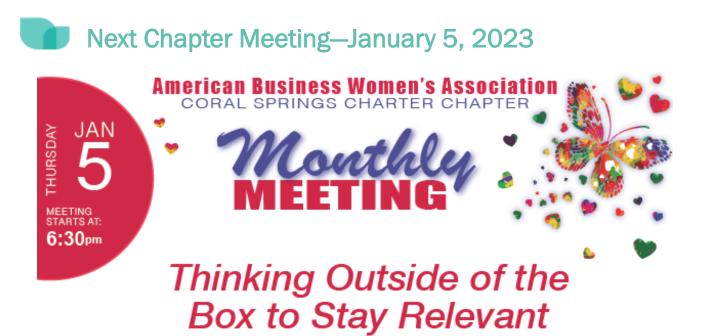
DECEMBER 5, 2022 | 6:30-8:30 PM

BRING ONE OR TWO GIFTS AND GUESTS AS WELL TO ENJOY THE HOLIDAY IN THE ABWA WAY. A GIFT FOR YOU AND A GIFT FOR ME A FANTASTIC CELEBRATION IT WILL BE!

- BRING AN UNWRAPPED GIFT TO SUPPORT A LOCAL TOY DRIVE
- BRING A WRAPPED GIFT IF YOU WANT TO PARTICIPATE IN THE WHITE ELEPHANT GIFT EXCHANGE (\$20 MAX, NO JOKE GIFTS PLEASE)

COME JOIN US FOR A NIGHT OF FOOD AND FUN!

SETTE MEZZO 6370 N STATE RD 7, COCONUT CREEK, FL 33073 REGISTER AT WWW.ABWA-CORALSPRINGS.ORG \$35 MEMBERS | \$40 GUESTS



"Thinking outside of the box" might sound cliché, but it's imperative for business people to embrace. Come discuss how to stay relevant in your industries and never do the "same ole-same ole' again!

We will talk about:

- Stay focused on providing value - determine the why, the what-for and the who-for
- Embrace different throw out the "same old-same old"
- The power of partnership understand the importance of relationships and inviting others in

GUEST SPEAKER



Melinda Twillie-Bryant Business Development Director Friedman Elder Law Department

IN-PERSON MEETING WILL BE HELD AT:

Woodmont Country Club

7801 NW 80th Avenue

Tamarac, FL, 33321

Melinda Twillie-Bryant is an experienced business development and marketing professional and currently serves as Business Development Director for Friedman Elder Law Department, led by Heidi Friedman, a board-certified elder law attorney.

EVENT REGISTRATION:

In-person meeting fee: \$35 members & \$40 guests Hybrid option now available: \$15

RSVP on Eventbrite: www.coral-springs-fl-abwa.eventbrite.com



TOWARDS TOMORROW

For more information, contact Sherrie Gottesman at 877-216-9908 ext. 732 or visit our website at www.abwa-coralsprings.org



National Women's Leadership Conference—Recap



Colorado bound!



With newly elected National President Cheryl Blair



With our new National Vice President Rachelle Jamerson Holmes

With 2021 National President Trina Nkhazi

From Kathy Gallagher -

From Barbara Gobbi-

This September I attended ABWA National Women's Leadership Conference in Denver, Colorado. Being my first time at national, I didn't know exactly what to expect. And I was blown away! I had so many takeaways from the conference, the first being the amazing speakers. Although they were all fantastic, filmmaker Sarah Moshman spoke about how she uses her gift of capturing stories in documentary films to show the strength and resiliency of women. Her latest film, Losing Sight of Shore, highlights the journey of 4 women who row in a boat from San Francisco to Australia. Although theirs was a physical challenge, it reminds us that everyone has a Pacific to cross. We purchased a copy of the film and hope to have an ABWA movie night to show this film.

My second big benefit that I brought home with me was the classes that I took. I chose a pathway on personal branding, not realizing that it was an MBA essentials business course on messaging and bias reduction from the University of Kansas! It was mind blowing! Ladies, we have such a fantastic resource of classes in our APEX Campus and at NWLC. Take advantage of these!

Lastly were the friendships that were forged at the conference. To be able to rub elbows with our national leaders and sisters from all over the country, was truly priceless and an experience I won't soon forget. Make your plans now to attend next year's NWLC!

If I'm counting correctly, this was my 18th National Conference and it did not disappoint! The excitement of seeing each other in person again (last two conferences were virtual) was contagious. Hugs - and even tears - were commonplace. Although it was a smaller group, it gave everyone a better chance to meet the first timers, catch up on our friends' lives, reminisce on old times, and miss those that weren't with us. I can't tell you how many people asked me where my "travelling buddy" (Lois) was – she was definitely there in spirit!

Keynotes and seminar speakers were top shelf, as expected. I enjoyed hearing Tracy LaTourrette (Lieutenant Colonel and Top Gun Fighter Pilot) inspire us to take a deep breath, fire up and call FIGHT'S ON! Sarah Moshman blew us away with her "The Empowerment Project" film which shines a light on extraordinary women across the U.S. I can't wait to watch her DVD of "Losing Sight of Shore" which chronicles four exceptional women who rowed a boat across the Pacific – come watch it with us!

One of my sessions was led by Lourie Durnell who focused on "Developing Your Visual IQ – How Visualizing (Cont'd on next page)





From Kathy (cont'd)

Makes You Smarter." She showed us how to use graphics, sticky notes and idea mapping to transform group productivity (and we took pen to paper – who knew we could actually draw? ... or not!).



Of course, the highlight was walking across the stage to accept the Best Practices award. Barbara, Karen and I looked sharp in our black dresses and silver shawls, don't you think? Start saving your \$\$ to attend in 2023 – we don't know when or where yet, but BE READY!

Next Chapter Meeting—January 5, 2023

From Karen Dees -

I flew to Denver on September 6th, and UBER'd to the hotel in Westminster, CO. Then the fun began: Keynote speakers; classes; voting on national officers; 2023 American Business Woman of ABWA announced - Amber Clark; Best Practices in League Management Awards - congratulations Coral Springs for Level II; and member recognition.

One of our keynote speakers was Tracy LaTourrette, who spoke on "Top Gun Leaders – Top Gun Life." Tracy is retired Lieutenant Colonel and an Air Force Academy grad with a coveted appointment from President Bush - Colorado's First Lady Fighter. "People need to have the mindset of a fighter pilot. You need to be able to learn from your mistakes and never give up. Have the ability to leave your problems behind and focus on the task at hand."

Below are points to use in your everyday life or job whether you are just starting or moving up the ladder. Flight-plan your mission:

Whose dream are you chasing? What ladder are you on? When do you plan to hit your goals? Where are you going? How will you define your success? Why do you want this so bad?

Another point Tracy made is, "Keep your eyes on task!" Stand tall when addressing someone - this is a power pose. Shows them you know what you are doing and talking about.

It was so good to be able to meet in person again. I'm definitely looking forward to next year!





Fall Membership Campaign on NOW!



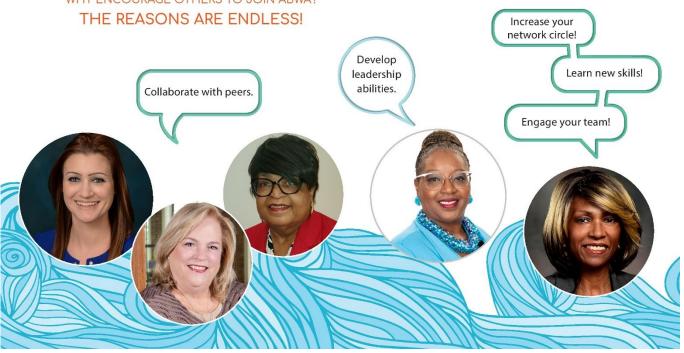
SHARE YOUR ABWA STORY!

You've already experienced the numerous ways that you can connect, learn and grow as a member in the American Business Women's Association. Now is the time to share your ABWA success story with friends, neighbors and business colleagues so they too, will join together towards tomorrow in the American Business Women's Association.

ABWA's 2022 Foll Membership Campaign SEPT. 1 - NOV. 30

GET STARTED TODAY!

- 1. Set a membership recruitment goal of 1, 2, 3 or more new members.
- 2. Download the membership brochure and application from the National Resources and take them with you wherever you go!
- 3. Make a list of prospective members who would benefit from membership in ABWA.
- 4. Send your prospective members invites to your monthly Chapter/Express Network meeting.
- 5. Ask the prospective member to join and if they say "yes", assist them in the application process.
- 6. And when you recruit one, two or three new members, you will receive some fun (and valuable) gifts! (while supplies last)



WHY ENCOURAGE OTHERS TO JOIN ABWA?

Recruit New Members—Get Cool Stuff!



ABWA's 2022 Fall Membership Campaign SEPT. 1 – NOV. 30

You've already experienced the numerous ways that you can connect, learn and grow as a member in the American Business Women's Association. Now is the time to share your ABWA success story with friends, neighbors and business colleagues so they too, will join together towards tomorrow in the American Business Women's Association.



LEVEL ONE

WHEN YOU RECRUIT ONE NEW MEMBER

Keep drained batteries at bay with this clever charging pad that easily energizes your tech devices. It's sure to add a sleek and stylish touch to your space.

3.5" w x 3.5" h with 39" USB cord included.

Compatible with Apple, Samsung, etc.



LEVEL TWO

WHEN YOU RECRUIT TWO NEW MEMBERS

A Perfect Pairing! Your morning cup of coffee or tea just got a brilliant upgrade. This stainless steel mug carries up to 18 ounces of your favorite drink. 4.0" w x 8.75" h

Plus! Keep your head-to-toe look classic and cohesive with these striking socks in a wardrobe-friendly pattern.

Fits US women's size 5-10

LEVEL THREE

WHEN YOU RECRUIT THREE NEW MEMBERS

Morning cups of coffee, afternoon naps, nights curled up on the couch — this cozy solid fleece throw blanket becomes a 24/7 favorite! 50" w x 80" h

When you recruit 3 or more new members you will be entered into a drawing for the Fall Membership Bonus Incentive including a weekender travel bag, travel neck pillow, and ear bud holder in Citrus paisley valued over \$150!

2022-2023 National Board of Directors

Congratulations!



2022-2023 National Board of Directors of the American Business Women's Association



Cheryl Blair National President

National Officers



Rachelle Jamerson-Holmes National Vice President

District Vice Presidents



Joyce Wright National Secretary-Treasurer

Genice Hall District I Vice President



Dr. Kello Price Kothy McBride District II District III Vice President Vice President



District IV







Juanita Hall Mary Ceccanese Velma Landers District VI Vice President



District V



Nov 2022 | Vol. 34, Issue 1

2022-2023 Chapter Officers



Barbara Gobbi, President barbara@barbaragobbi.com



Deb Roman, Corresponding Secretary debroman@whitesandbeach.me



Gayle Bramson, Recording Secretary sunrise91954@yahoo.com

2022-2023 Committee Chairs

Auditing Committee TBD Best Practices Kathy Gallagher **Community Service TBD** Education TBD Fundraising Iris Arlan Hospitality Gayle Bramson Membership Maria Garcia, Sherrie Gottesman

The Connection





rhondahabwa@gmail.com

A'Kera Brown, Treasurer akerabrown@gmail.com

> Newsletter Kathy Gallagher Professional Development Tricia Click Publicity Barbara Gobbi **Recognition** Stephanie Seberg Technology Adrienne Worthy **Tri-County Council** Gayle Bramson, Kathy Gallagher Woman of the Year Cherise Irons

The Connection NEW! Core Values and Proud Code of Conduct

ABWA's Core Values

- 1. Selfless Leadership Be committed to doing the right thing, always. Be transparent in your actions even when no one is looking!
- 2. Building Community Be committed to creating sustainable ABWA communities where women can connect, learn, and grow together.
- 3. Value and Seek Diversity Be committed to recruiting new members from diverse cultures, ages, work industries and experiences.
- 4. Manage for Innovation and Excellence Be committed to original thinking and delivering excellence in everything you do.
- 5. Lifelong Learning Be committed to enhancing your own business knowledge, skills, and acumen. Be unafraid to make mistakes, iterate, err and try again.
- 6. Focus on Facts and Own Results Be committed to using "data" to drive your decisions and actions and be accountable for your performance, good and bad.
- 7. Choose to Make a Difference Be committed to unlocking a member's potential and inspiring/motivating her to become the best version of herself.
- 8. Celebrate Be committed to celebrating members' achievements.

ABWA's Proud Code of Conduct

- As an ABWA member, I will serve as a goodwill Ambassador for the American Business Women's Association.
- As an ABWA member, I will adhere to the Association's Bylaws and comply with the Association's Brand Guidelines.
- As an ABWA member, I will not use my personal power or influence to advance my own interests.
- As an ABWA member, I will not allow my personal beliefs or convictions to alienate other members, prospective members, and sponsors at any level of the ABWA organization (local, regional or national).
- As an ABWA member, I will always treat member colleagues, the ABWA National Team, guests, speakers, vendors and sponsors with dignity and respect.

JOIN US

Meetings are on the 1st Thursday of the month at

Woodmont Country Club 7801 NW 80th Ave Tamarac, FL

Networking 6:15pm Dinner & Program 6:30pm

> Can't attend in person? Join us via ZOOM!

Barbara Gobbi Chapter President Kathy Gallagher, Editor Coral Springs Charter Chapter PO Box 9385 Coral Springs, FL 33075 Phone: 877-216-9908 ext. 730 Email: kathygallagher.abwa@gmail.com



Coral Springs Charter Chapter

Visit us online at www.abwa-coralsprings.org Like us on Facebook at:

http://tinyurl.com/ABWA-CS-FBpage

Follow us on Twitter at:

@abwa_cs